

# Meeting Minutes Date: 10/07/2024

### **Attendance**

,	citatrice				
X	Alexis Bond NKYHD School Health Coordinator		Jill Buntin GCHS Counselor		Robin Webster RMB Agency
	Amanda Broderick Anthem		Jodi Clifford St. Elizabeth Nursing Director		Sarah Bishop NorthKey
	Amanda Conn Starner PreventionFirst! Sr. Director		Katrina Davis Humana		Sarah Paige Wood Owen Co. DFC
X	Brittany Stepp ARC	X	Kayla Nickum NorthKey Prevention Specialist		Seth Steele  NKYHD Harm Reduction Educator
	Casey Baker NKYHD Tobacco Educator	X	Kelly West Williamstown FRYSC		Shaina Board Anthem Medicaid
	Christi Jefferds NKISP/NKCES		Lauren Kathman NKYHD Harm Reduction	X	Tyler Fowler NKYHD Tobacco Educator
	Christina Weinel NKODCP/NKADD		Leslie Salsbury Passport Health	X	Tyler Mullins GCHS YSC
X	Courtney New NKY ASAP		Linda Bates WellCare		
X	Danielle Haley- Business Official GC Schools Public Info Officer		Lisa Anglin St. Elizabeth Community Liaison		
	Deacon Dzierzawski Evaluator - Epiphany		Lori Webb St. Elizabeth		
X	Emily Dade - Chair GCMS YSC		Marianne Smith  DRE FRC		
	Gabi Deaton NKYHD Harm Reduction		Marsha Bach NKYHD Programs Manager		
	Jade Jacobs PreventionFirst!		Mary Schneider Ext. Office - Cancer Control		
	Jeff Colon Pastor Lighthouse		Richard Langley NKODCP/NKADD		

Other: David Judd, Ky Army National Guard Counterdrug DDRO

### **In-Kind Time Reporting:**

- Coalition members 10 X 1.5hr meeting time X \$33.49 national volunteer rate = \$502.35
- Coalition member travel to/from meeting: 345 miles X \$0.67/mile national mileage rate = \$231.15

**Monthly Reports** were not reviewed during the monthly meeting due to Annual Orientation. Updates between meeting reminder being sent out 9/30 and today are below.

### • Substance Update

- No substance update provided this month as we have continued to focus our efforts on advocacy surrounding the medical marijuana ballot vote
  - Billboard went up 9/30 (pictured below)
  - Mailer should go out this week (pictured below)
- Ky Prevention Network Conference 9/30 10/01
  - Tyler Mullins & Alexis attended. Their takeaways are attached at the end of the minutes.



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### • Coordinator's Report

 Launi's presentation, "Lessons Learned from A Vape Compliance Project" with Owen Co. DFC went well! Approximately 50 attendees were engaged throughout the presentation - asked great questions and gave great feedback/compliments!

### Budget Overview

- Budget Remaining: Transactions from the end of Fiscal Year 8 are still pending/processing. Final budget numbers (expenses, carryover, etc.) will be reported in November.
- o In-Kind Match Met: 100%!!!
- **REACH Dashboard** (year to date)

### **Annual Orientation:**

- Coalition Involvement Agreements (CIAs) If you were not in attendance today, please sign and scan to Launi. CIAs can be found in our NEW SHARED GOOGLE FOLDER!
- Strategic Prevention Framework Grant Application Brainstorming



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What have we done well? What are we most proud of?

- → Outreach Demographics
  - Youth
  - ◆ Relatives Raising Relatives
  - **♦** Hispanic
- → Advocacy with Elected Officials
- → Policy Change
  - ◆ Smoke Free Air Ordinances (2) in partnership with FFLAG
  - School Policy Analysis
  - ◆ Medical Marijuana Opt Outs
  - ◆ Naloxboxes at Grant County Schools
- → Providing free resources
  - ◆ Responsible Beverage Server (STAR) Training
  - Rx lockboxes
  - ◆ Rx disposal pouches
  - ♦ I.D. signage
- → Making our presence known to new retailers
- → Community Education (billboard, mailer)
- → Present at Community Events and providing resources appropriate to the event setting
- → Known for our ability to connect people to the appropriate resources, agencies, etc.
- → Grant Writing
- → Student Silhouette Project

What could we have done better? (and HOW?)

- → Member Recruitment/Retainment
- → Member Visibility
  - Individual members making sure Champions as a whole has a seat at the table, that our input is sought out and valued, that we are not an afterthought or out of sight, out of mind
  - ◆ Community being able to identify individuals as a part of Champions

What did we want to accomplish but did not?

→ Community understanding of name and mission (i.e. clear distinction between prevention and treatment/recovery)

What audiences do we need to reach? And what do they know vs. what do they need to learn/do (behavior change)?

- → Parents in Recovery/Drug Courts (tools for their children)
- → Foster Kids/Parents



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→ Faith Community

### **Next Steps**

→ Research what audiences (above) need, what already exist, how to fill in the gap

### **Agency Announcements:**

- NKY ASAP Community Survey (21 questions, most multiple choice or a rating scale)
- Everything You Need to Know About Cannabis Training registration ends next week
- ION Center Community of Care Training next week

### **Next Meetings:**

Nov. 4

Dec. 2



# Youth Are Key Prevention Planners

Examples of how students create & use action plans to implement activities, that can be duplicated by others with school administrator buy-in and dedicated in-school work time

# Program Ideas

Related to prom, photovoice, and hot spot mapping

# Resources for Data, Trainings & Legislative Changes

Gallup for global data; Monitoring the Future for national data; VitalCog for workplace mental health training; evidence-based resources for HB 142

## Faith Influences

Youth connected to faith=based initiatives for at least one to two hours a week function better overall.

# KPN TAKE AWAYS

# Problematic Screen & Internet Use

It takes more than 20 minutes to fully refocus after being distracted!

Ordered "Focus: The Hidden Drive of Excellence" by Daniel Goleman, a book recommended by Presenter Mike Eiden.

# New Opportunities for Partnership

Excited to partner with 1N5 to address mental illness stigma for students AND staff.

# Relationship Building Strategies

Tapping into families' strengths and resilience, deepening connections WITH families, nurturing families WITHIN families, cultivating relationships AMONG families, and empowering families.

# Tools for Youth & Community Engagement

Sharing ideas by writing them on giant marshmellows and tossing them around the room!